

How should I prepare for my first appointment?

For your first appointment with your Family Physician, bring:

- Your insurance and/or Medicare card.
- All your medicines, both prescription and over-the-counter, as well as the vitamins and nutritional supplements you take.
- The name, phone number, and address of a family member or close friend to notify in case of an emergency.
- Your Living Will or Durable Power of Attorney, if you have one.
- A list of allergies to any medications or foods.
- A list of hospitalizations or previous surgeries and recent vaccinations.
- The names and addresses of your previous doctor and other physicians you see.
- A list of any questions you may have for your new physician.
- Fill out Registration forms ahead of time: [[Print Registration Forms](#)]